



NC Association of Nurse Anesthetists

ANETIC

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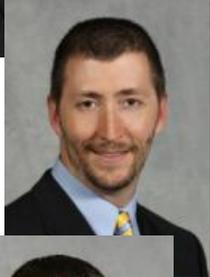


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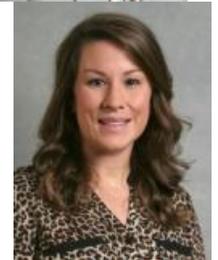
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A Message from your NCANA President Jimmy R. Kimball, Jr., CRNA

I hope that this update finds everyone healthy and prosperous. Thank you all once again for the privilege of allowing me to serve you as you NCANA President. It has been a busy first six months of my presidency.

The NCANA had it's annual Board of Directors(BOD) retreat in Winston-Salem at Graylyn Manor. We had an orientation session by our Executive Director Jim Thompson, he welcomed the new BOD members and two student representative and the returning BOD members. Your BOD reviewed and revised the NCANA strategic plan. We had a BOD team building experience at Tanglewood Park for the annual "Festival of Lights". It was an unforgettable trip that the BOD will talk about for years.



The NCANA Capital Day had over 100 participants during the morning presentations, legislative visits and for the Legislative reception that night.

We have had the District 3&4 and District 1&2 educational meetings held in Concord and Winston-Salem ,respectively. A big thanks and job well done go out to Steven Micheaux-Smith, Molly Stewart, Luci New, and Paul Packard our four District Directors for planning and executing two outstanding and informative meetings.

Special kudos go out to the PR committee for taking on the task of co-administrating the NCANA Facebook page and Twitter account. Our hope is to increase the social media presence of CRNAs and SRNAs in the state and to utilize social media for BOD update and to provide the most current research and techniques in anesthesia practice. I am new to Twitter myself and have found it to be informative and a valuable tool to disseminate information. Look for NCANA Facebook posts and tweets!

NCANA BOD members and SRNAs from NC made the trip to Washington ,DC for AANA Mid year. The AANA Washington office prepared us for the trek to Capital Hill to speak to NC's Senators and Representatives about who we are as anesthesia providers and what legislative processes are of concern for CRNAs.

In July there is another BOD meeting and then October 2-4 the NCANA Annual Meeting ,which will be held at the Marriott Grand Dunes Resort in Myrtle Beach. It is shaping up to be an informative, fun and adventurous time so come to Myrtle Beach to learn, laugh, network and shag dance with your SRNA and CRNA colleagues.

Again, thank you for the privilege of serving the NCANA membership.

Respectfully,

Jimmy R. Kimball, Jr., CRNA

Public Relations Committee Update, Dustin Degman, CRNA

For members who missed the District I/II meeting in Winston-Salem, you missed a great presentation on "Social Media and Healthcare". Becoming aware of changes that occur around you is important. Nobody wants to learn about a house bill that affects your profession after it has passed and social media is an avenue to keep you informed. I want to share just a single slide I found valuable from a presentation by Ryan Weirblow, CRNA.

If you want to know how we practiced anesthesia 5 years ago, read a textbook.
If you want to know how we practiced anesthesia 2 years ago, read a journal.
If you want to know how we practice anesthesia today, attend a conference.
If you want to know how we will practice anesthesia in the future, use social media.

Twitter is the perfect avenue to quickly stay informed. I would encourage every member to engage with Twitter and stay informed by following the NCANA, AANA, or other personal interests you may have.

Thank you,
Dustin Degman
PR committee member

AANA Foundation News, Nancy Curll, CRNA, MSN

The AANA Foundation has implemented a Student Advocate Pilot Program. This program was started "to create a connection, show value, foster member engagement and build relationships between the AANA Foundation and students". North Carolina was selected as one of ten states to participate in the pilot program. John Berger, a first year SRNA from the Duke University Nurse Anesthesia Program was selected as the student advocate from North Carolina. Congratulations, John!

For those of you who will be attending the Annual Congress in Salt Lake City, the AANA Foundation will be sponsoring two fundraising events:

Friday, August 28: Golf Outing

Sunday, August 30: "One Night: Twice the Fun"

Please do not forget to register for and attend these events!

Do you shop online at "AmazonSmile"? AmazonSmile will donate 0.5% of eligible purchases to the AANA Foundation!

Thank-you for supporting the AANA Foundation!

Sincerely,
Nancy Curll, CRNA, MSN

"From the Head of the Bed"

From the Head of the Bed is a podcast for the anesthesia community created by four students from Western Carolina University's Nurse Anesthesia program. The goal of the podcast is to be a leading resource for the anesthesia community worldwide. It is currently the only podcast specifically tailored to Certified Registered Nurse Anesthetists and Student Registered Nurse Anesthetists. The podcast went live in April 2015 with 18 shows on a diverse array of topics and currently a total of 8 shows are in the editing phase and will be published over the summer. Topics include pediatric anesthesia, intraoperative EKG monitoring, combat trauma anesthesia, business & finance, independent practice, and more. The producers interviewed leading experts in their respective fields on a national level and hope to create an on-going podcast series relevant to anesthesia learners and practicing clinicians alike.

The podcast can be accessed at www.FromtheHeadoftheBed.com and listeners can hear the podcast directly on our website or by subscribing in iTunes. We are very excited to announce the start of this unique resource in NCANA's Anetic, as the majority of our current shows are interviews with North Carolina CRNAs who may be familiar to readers of the Anetic. Several of our podcasts focus specifically on topics of interest to Student Registered Nurse Anesthetists such as preparing for anesthesia school, graduate school success strategies, communicating with preceptors and the history of anesthesia care models. Feel free to check our website and subscribe for free to the podcast so you won't miss any of the exciting things we have planned!



Recently moved?

Email NCANA with your new information at ncana@caphill.com.

Please be sure to also change your information with AANA.

We receive an updated database from AANA quarterly, so if you do not change your information with them, our database will revert to the old information upon our next update.



Have you liked our Facebook page yet?

[.https://www.facebook.com/NCANA1941](https://www.facebook.com/NCANA1941)

An Update from East Carolina Nurse Anesthesia Program

These past two semesters have been a whirlwind of activity in the East. Travis Chabo CRNA, the new Director of Clinical Education hit the ground running. He not only teaches in the clinical area, but also provides simulation instruction and is a PhD student at ECU. While his schedule is full, he finds time to initiate innovative teaching strategies such as using ultrasound for teaching regional anesthesia in the cadaver lab.



Travis Chabo teaches Lisa Foxworth SRNA how to place an epidural.

Both classes of students attended the NCANA Annual Meeting in Pinehurst, NC and had a wonderful time. They enjoyed listening to the professional presentations, interacting with students and vendors, and participating in the student luncheon. The class of 2015 did a great job representing ECU at the College Bowl, while we all cheered them on. The "ECU SRNA" Pirates from the East were a spirited group demonstrating that ECU "Pirate Pride". On a more academic note, the class of 2015 presented their outstanding research posters and received much attention from conference participants.



Class of 2015 at the College Bowl Party.



SRNA's Maria Sartin and Megan Jones at College Bowl.



Forrest Kennedy, Ryan Pavkov, Kali Cruse, Stephanie Gondek, Ben Adams, and Rachel Rohan.

In December the class of 2015 attended ACRM instruction in Richmond where they learned and then practiced anesthesia crisis management skills. Having this experience made them better prepared to respond and lead a team during a perioperative crisis.

The fall semester began the beginning of clinical education for the class of 2016. After two semesters of didactics they were well prepared for and eager to get to the operating room.



Class of 2015 at ACRM



Class of 2016

An Update from East Carolina Nurse Anesthesia Program



Dr Matthews with Natalie Tyson and Paige Jeffries class 2016

The ECU Nurse Anesthesia Program was able to host Dr Matthews CRNA who provided lectures and “hands-on” difficult airway workshop using pig tracheas. Some of our faculty and clinical preceptors also benefitted from his expertise by participating in the surgical airway workshop.



Betty Macias CRNA, and Sharon Vinson CRNA

The spring semester brought a new class of students to the program. The group was warmly welcomed with a “meet and greet” party. Members of all three classes along with faculty welcomed the new students at a local establishment.



SRNAs Kenneth Mullen and Brandon Elvis, class 2016, with their wives , at the welcome party

Members of the class have acclimated to the university, and are now fully immersed in the program. The Class of 2017 includes Kim Hall, Rebecca Millberg, Christina Chalaire, William Mallory, Smriti Shahi, Joe Tarley, Dana Hoyt, Brandon Elvis, Trevor Evans, Kenneth Mullen, Leslie Sugg and Larissa Buck.

The seniors had several professional broadening experiences this last semester. Four attended the NCANA Legislative Day in Raleigh with Drs Fehy and McAuliffe. While there, they learned about the legislative process and participated with SRNAs from all the other nurse anesthesia programs in NC.

Micah McCanna, Rachel Rohan, Stephanie Gondek and Kelsey Leonard SRNAs Class 2015 at the Capital Building in Raleigh



Matthew Horne, president of the Class of 2016, has been very busy these past semesters. In addition to his didactic and clinical obligations, Matt has represented the ECU Program as a student representative at the NCANA. This involved attending NCANA BOD meetings and attending to the AANA Midyear Assembly in Washington DC. He managed his time well and can be seen here demonstrating mastery of a challenging case in the simulation lab.

An Update from East Carolina Nurse Anesthesia Program



Four other students, and members of the Class of 2015, also attended the AANA Midyear Assembly in Washington DC interacting with students from other programs and meeting key AANA leaders such as Sharon Pearce, President AANA.



They also met with their NC Senators and Congressmen. (Photo 15 members of Class 2015 with Walter Jones). Announced at MidYear Assembly was a book about the legendary Ira Gunn (Dr McAuliffe, Co-Editor) that will be available in August .



ECU Nurse Anesthesia students enjoyed many other career broadening experiences here at ECU including attending the College of Nursing Collaborative Research Day and Diversity Day activities. Some of the students even volunteered to assist with the Sigma Theta Tau Annual "Scout Out" at the College of Nursing. This program introduces young people to the profession of nursing. Ninety Girl and Boy Scouts from across Eastern North Carolina visited the college to learn about the history and variety of roles in which nurses can specialize. They learned about the influence of Clara Barton, Florence Nightingale on the profession, and from representatives from a variety of modern roles open to nurses including military nurses, nurse midwives, and nurse anesthetists. Attending a demonstration in the simulated operating room was a highlight for many of the scouts. While there they learned that nurse anesthetists are present the entire time patients are having surgery. One young girl scout was familiar with the role of nurse anesthetists, as her dad Chris Baxter CRNA practices in Vidant Medical Center in Greenville. The young scouts asked the surgical team as well as the patient mannequin many interesting questions. You never know who you might inspire! (Dr McAuliffe, Lisa Foxworth SRNA and Natalie Tyson SRNA and Dean Sylvia Brown participate in the Annual Scout Out day)



ATTENTION!!!

Are you planning on attending the NCANA Annual Meeting in Myrtle Beach, SC this October 2-4th, 2015 and

WANT TO HAVE SOME FUN?

The NCANA will be holding their annual College Bowl with a Purpose this year on Friday, October 2nd.

There will be two rounds:

The first round will be of North Carolina nurse anesthesia program students (4 students from each school) competing against one another in one round of questions....

The second round will put the winner of the student round up against a team of four accomplished, brilliant CRNAs.

WHO WANTS TO PLAY?!?

Come on!!! This will be a fun night and an evening to benefit Heifer International...our "Purpose".

See <http://www.heifer.org/> for more information on Heifer International.

We need four CRNAs and one alternate to agree to play... please contact Leah Feyh at FEYHL@ECU.EDU to sign up!



An Update from Wake Forest University Baptist Medical Center

Accreditation

In April, the program hosted two reviewers from the Council on Accreditation of Nurse Anesthesia Educational Programs for a re-accreditation visit. The faculty has been preparing for this review for the past 12 months, and the efforts culminated in a two-day on-site review which included meetings with all the key stakeholders in the program, and visits to 6 of our clinical sites. At the conclusion of the review, our evaluators were very complimentary of the program, with only one suggestion related to a need to make our student self-evaluation process more formal. We would like to thank our students, faculty, staff, and alumni who are performing at exemplary levels of achievement and maintaining our program at an extremely high level of performance.

US News Ranking Procedure Changes

For a number of years, the nurse anesthesia program was recognized by *US News and World Report* among the top of their ranking of nurse anesthesia programs nationally. We most recently held the ranking of #7 on that list of the 113 programs in the country. This year, *US News* changed their methodology to consider nurse anesthesia only as a subset of programs under schools of nursing. Therefore, the 42% of nurse anesthesia programs in the country which are housed in allied health or schools of medicine (such as ours) were excluded from the rankings. It is widely recognized among professional circles that the *US News* methodology is far from scientific. However, the magazine and online edition have a wide readership, and therefore the rankings serve as a common referral point for prospective students to a number of disciplines. For those who have followed the rankings for the past year or more, it would appear that our status has declined to a lower ranking, as we are now absent from the top-10 list. Even for those looking at the rankings for the first time, *US News* is doing a disservice by not reporting high-quality programs such as ours and others which were previously recognized by the magazine. Even beyond the top-10 programs, almost 50 anesthesia programs which are not in nursing schools are not even noted as degree-offerings by those universities, on the *US News* website. We have expressed our displeasure and explained the erroneous methodology with the news magazine and hope that other programs will also encourage them to either provide a fair representation of options in nurse anesthesia. The chief data strategist responded to our appeal, stating that they *US News* would reconsider its methodology.

Alumni Giving

Alumni giving has been a godsend for us in recent years, helping us to establish a number of new endowments which will support our students in perpetuity. As we are looking back at the past 10 years for our accreditation review, we also note that we have established nine perpetual endowments in that time. These endowments have been established by, or in the name of, Lillian Stansfield Smith, Helen Vos, Sandy Ouellette, Betty Petree, Frances Frey, Ruth Holleman, Dawn Wallenhaupt, The Class of 2014, and Joann Foster. We have also had five alumni join the Coy Carpenter Society.

An Update from Wake Forest University Baptist Medical Center

This honor recognizes individuals who have included the medical center in their estate plans. These individuals are: Jeffrey N. Caudle CRNA ('94) and Michelle Caudle, Frances A. Frey CRNA ('60) John C. Faris MD '67 and Ann Faris, Stephen L. Wallenhaupt MD '78 and Dawn B. Wallenhaupt CRNA('81), and JoAnn Foster (In Memoriam). Many of these funds are in the fledgling stage, and will take some time until they are fully endowed, but the commitment of our alumni and supporters to our students is phenomenal. We and the students are extremely appreciative of all who make donations to support their education. We are looking forward to the full endowment in the next year of the Class of 2014 International Mission Fund, which will support students' involvement on global health experiences.

Alumni Meeting

The alumni association held the biennial alumni meeting on March 7 at Biotech Place in the new Wake Forest Innovation Quarter downtown. Speakers included AANA President, Sharon Pearce (Class of '92) and a panel discussion of doctoral degree pathways in nurse anesthesia. Attendees were given a taste of the environment in the Innovation Quarter, and a brief tour was provided of our new home in the adjacent building, 525@Vine. Congratulations and thanks to those who were elected to alumni board positions for 2015-2017: Elena Meadows, Chair; Kelly Tonkin, Chair-Elect; Denise Clark, Secretary; Lacey Witt and Julie Whittington, Trustees; Heather Goodwyn and Ashlee Zackeru Chafin, Nominating Committee.

Facility Move Underway

One of the most exciting aspects of our new home in the School of Medicine is that it has given us the opportunity to upgrade our physical home. There has been lots of behind-the-scenes work on the financing, space allocation, schematic plans, and other logistics of planning the largest physical expansion in the program's history. Over the past few months, we have been working with architects, engineers, and interior designers to formulate our ideal nurse anesthesia program layout. We are excited to see the move beginning to take shape in the 525@Vine building in the Wake Forest Innovation Quarter. Construction plans were finalized in April, and construction is planned to occur in May, June, and July. Our goal will be to start the fall semester in the new facility in August. The facility will provide our students with state-of-the-art classrooms, small group teaching rooms, and dedicated nurse anesthesia skills lab, and simulation lab. However, a major advantage of the new facility will be to have our students situated in the midst of the Innovation Quarter, where they will interact more regularly with students of Medicine, Physician Assistant Studies, and other biomedical sciences in a modern, collaborative, and progressive academic milieu.

An Update from Wake Forest University Baptist Medical Center

Student Publications

Congratulations to Chris Beck and Jon Faigle (class of '14) who both had articles published in the International Student Journal of Nurse Anesthesia this past fall. Thanks to Dr. Courtney Brown who served as the writing mentor for both of these authors. With the Spring, 2015 edition, we see five new published authors, representing the classes of 2014 and 2015- Darren Aiken, Jessica (Savidge) Rose, Kellar Lambert, Kristen Bettis, and Kate Saftner. We are appreciative of the faculty mentors and reviewers who have facilitated these articles: Cheryl Johnson, Courtney Brown, Nancy Curll (Baptist Outpatient), Joe Joyce (Wesley Long), and Barb Brown (CMC Northeast).

Activity Supports Student Wellness

SRNA Carolyn Hartle serves not only as the 2015 Class Representative, but also as the student representative to the AANA Wellness Committee. A fitness enthusiast, Carolyn has taken that role to heart and showed great achievement in establishing a health and wellness website focused on the needs of SRNAs. This spring, Carolyn also accomplished another achievement by coordinating a wellness dinner program focused on the issue of substance abuse in the nurse anesthesia profession. Students attended the event, accompanied by spouses, significant others, or family members. At the program, they enjoyed a fine dinner and heard from experts in the field discuss the biology of addiction as well as hearing a personal account from a CRNA in recovery. When teaching about such an important topic that students will encounter so infrequently, it is important to hold the discussion around a more memorable event than just a classroom session. That is why we hold the program at the Hawthorne Inn, couched in a dinner program. Hopefully, if students or their loved ones need to recall crucial points about dealing with an impaired provider, we will have presented it to them in an event which will be memorable, even if that need arises only years from now. Carolyn recruited fellow students to help with program coordination, and she secured gifts for attendees, which included a one-month free gym membership. Students enjoyed the program as well as the opportunity for a nice social gathering and opportunity to meet or socialize with student family members.

An Update from Wake Forest University Baptist Medical Center

Program Prepares for CPC Requirements

The CPC program is an updated set of requirements for CRNA certification which will begin after CRNAs recertify in 2016 or 2017. The program was devised to improve upon the quality of continuing education by incorporating new technology and professional development in new ways. One of the largest benefits is that CRNAs will be able to earn CE credit for professional development activities which they can do (or are already doing) in the course of their regular employment. The recertification period will extend to 4 years instead of 2, providing additional flexibility. The basic program requirements will be to accumulate 100 CE credits over the 4-year span. At least 60 of those credits must have an associated “assessment” which could be a post-test, demonstration of a new skill, or some other type of participant feedback. CRNAs can accrue all 100 credits in traditional learning, or optionally accumulate up to 40 of those credits through professional development activities, such as precepting students, or serving on a state nurse anesthetist association.

For example, participating in teaching activities, precepting students, serving on a task force, in a chief CRNA position or on a state association board will now be eligible for CE credit, in acknowledgement of the value these activities have in promoting the CRNA’s professional development. The program will begin following each CRNA’s recertification in 2016 or 2017. After that time, in a change that will provide flexibility in the timing of accrual of credits as well as a reduction in frequency of incurring recertification fees. Some CE providers are developing computer-based learning modules, which are self-paced learning activities in four core areas of anesthesia practice (physiology/pathophysiology, pharmacology, airway management, and equipment/technology). Use of learning modules is an optional way to accrue credits in the first 4-year cycle, but based upon continuing dialogue between AANA and NBCRNA, the modules may become a required part of the program in the future.

As we head into this new program, the largest change experienced by CE providers and CRNAs is the need to incorporate *assessment* into the majority of learning activities. The nurse anesthesia program is already working on building the capacity to provide the required assessment activities as part of our weekly morbidity and mortality conference, as well as distance delivery technology so that we can offer approved CE activities to our clinical affiliates as well.

An update from WCU Nurse Anesthesia Program

No doubt everybody is happy to say goodbye to winter, but none more so than our 15 graduates who are ready to start practicing anesthesia-and more importantly, start making some money! Congratulations to the 15 graduates of the class of 2015, we wish them happiness & success in their new careers across the US. This year we have graduates going to New York, Seattle, Texas, Connecticut, & of course, North Carolina.

Mid-year Assembly

Six students travelled with Dr Collins and Professor Hewer to Mid-Year Assembly in Washington, DC, and enjoyed seeing the political process in action. It was a beautiful weekend in the capital, and we were proud to be a part of over 70 members from North Carolina at the best attended MYA ever, a testament to the growing understanding of the critical importance of health care policy and politics to our practice. Jessica Mayeux completed



her term as SRNA representative to the AANA-PAC, and she could be seen manning the booth when she wasn't attending lectures or lobbying her Congressman. We look forward to seeing her as AANA President one day! In addition to attending some great lectures, we met with Legislative Aides from Rep Meadows and McHenry, and discussed the importance of supporting Full Practice Authority for all Advanced Practice Nurses, with particular reference to the new Veterans Health Administration Nursing Handbook. We also met with Sen Tillis and his Legislative Director, who was supportive of providers that increase access, improve outcomes and reduce costs. We were able to show him how CRNAs check all those boxes.

Capitol Day

A large contingent of 14 SRNAs and three faculty attended Capitol Day in February in support of NCANA's annual event. Although there is no active legislation in play that concerns CRNAs, we took the opportunity to meet with a number of legislators from across the Western North Carolina region and educate them about what we do. Many of them have already visited our Sim Lab, and were receptive to hearing about anything that reduces costs while maintaining quality.



An update from WCU Nurse Anesthesia Program

Simulation

In March, we were lucky enough to host Jonathan Sherman, from Twin Oaks Anesthesia for a 2 day workshop on use of ultrasound for peripheral nerve blocks.

Jonathan has lectured all over the



country, to both CRNAs & anesthesiologists, and was well received in Asheville. All of our seniors, and some local CRNAs attended what we hope will become an annual event.

Publications

As part of graduation requirements, all WCU students are asked to either submit a paper for publication or present at a state or national meeting. This year, while we continue to be successful in national publications, something different: our first, and currently the only, nurse anesthesia podcast. Great job to Kristen Andrejco, Jon Lowrance, Brad Morgan & Cass Padgett for travelling all over the country and making "From the Head of the Bed" a reality.



Anesthesia overseas

Our former Assistant Director, Dr. Mason McDowell continues to run the anesthesia department in Bere, Chad, which despite it's sleepy sub-Saharan location, is a busy surgical practice that patients travel hundreds of miles to for expert care. In the last six months, three of our students and Dr Collins have made two trips to experience this radically different setting. Shortly after arrival, Jenna Assante and Bianca Philemon learned the harsh reality of limited resources in Africa. Faced with a case of organophosphate poisoning in a child who accidentally drank pesticide, they were able to begin resuscitation of the cholinergic crisis most of us only now from a textbook, but after 28mg of atropine, they had to call a halt to treatment. Why? Because to continue would risk completely draining the hospital's pharmacy of a drug we think of as in limitless supply. Subsequently, they were unable to save the child. Jessica Oliveti travelled with her new husband in January (she told him it was their honeymoon!), and they both had a great experience with Dr. McDowell. We are thankful for the incredible altruism of Dr McDowell, and the opportunity to visit and share his experience.



NCANA Political Action Committee Contribution

Enclosed is a check to NCANA-PAC in the amount of \$_____.

Please make check payable to NCANA-PAC.

OR

I hereby authorize NCANA-PAC to charge my credit card in the amount of \$_____.

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- _____ \$10 per month
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Please return to: Robert L. Whitehurst, CRNA - PAC Treasurer #296 - 3650 Rogers Road - Wake Forest, NC 27587

Questions? Contact Robert at 919-434-9350 or ncanapac@yahoo.com.

Feel free to go online to NCANA.com and donate to PAC through the website!

Why Should You Attend the NCANA Annual Meeting in Myrtle Beach? October 2-4, 2015



1. Beaches

Myrtle Beach has 60 miles of them. And they're gorgeous! Sparkling waters, white sands, endless possibilities. Why haven't you started packing yet? Whatever your beach activity - Frisbee, volleyball, surfing, swimming or lounging – Myrtle Beach has the space to accommodate. That sound you hear is the Atlantic, and it's calling for you.



2. Affordability

For the money, you can't beat the **NCANA Annual Meeting**. Where else can you earn CEUs for around \$20 per hour? Additionally, NCANA has been able to secure a discounted rate of \$152 per night at the **Myrtle Beach Marriott Resort & Spa at Grande Dunes**. This is a tremendous bargain for a beach front resort.

3. Fore!

With over 100 quality courses, many designed by some of the legends of the game, Myrtle Beach is a golfer's paradise and is often called the golf capital of the world, and it's easy to see why. With all this history and all these choices, the only links you should travel to are the ones right here along the Grand Strand.



4. Entertainment a plenty.

There's never a dull moment in Myrtle Beach. If you're looking for adventure and a little bit of learning, take a wander through that upside-down house known as WonderWorks. Or, journey under the sea at Ripley's Aquarium. There's also plenty of thrilling entertainment at Pirate's Voyage and Medieval Times. And who could pass up a world-class live entertainment show at The Carolina Opry, which pioneered the Myrtle Beach area's theater boom? There are also fantastic shows at the Alabama Theatre, Legends in Concert and The Palace Theatre, just to name a few.

5. Let's Eat!

You won't go hungry when you visit the Myrtle Beach area. Trust us, we've tried! If you wander over to the Murrells Inlet Marsh Walk, you'll find yourself in the "seafood capital of South Carolina." Seafood not your thing? How about a juicy, mouth-watering steak from such local favorites as New York Prime or Kansas City Prime Steakhouse? Yes, we can hear your stomach growling!

Why Should You Attend the NCANA Annual Meeting in Myrtle Beach?

6. Sky High.

Myrtle Beach didn't invent the wheel, but they do have the biggest one on the East Coast, with the highest view of its kind of the gorgeous Atlantic Ocean. The Myrtle Beach SkyWheel is a breathtaking attraction and the pride and joy of the 1.2-mile Boardwalk. For those not afraid of heights, they'll be rewarded with a beautiful view of our fair city's skyline. And hey, if you are afraid of heights, stop off at the nearby LandShark Bar and Grill for a little liquid courage.



7. Shop Til' You Drop.

Sometimes you just need a little retail therapy. And there's plenty of it all along the Grand Strand. Broadway at the Beach, Barefoot Landing, Coastal Grand Mall and The Market Common are just a few of the local options to find that perfect pair of pants, gifts for loved ones or just a few trinkets for yourself.

8. People.

From belles to bikers, Myrtle Beach is never short of fun, interesting people who are bursting with Southern charm and hospitality. Bring the family, and make some new friends that will last you a lifetime. Myrtle Beach is an eclectic community that thrives on personality and class.

9. Networking

In addition to the 19 hours of continuing education offered, the NCANA Annual Meeting is a great place to network with colleagues from all across NC. This is a great chance to exchange ideas and learn from others who do what you do.

10. Nature's majesty.

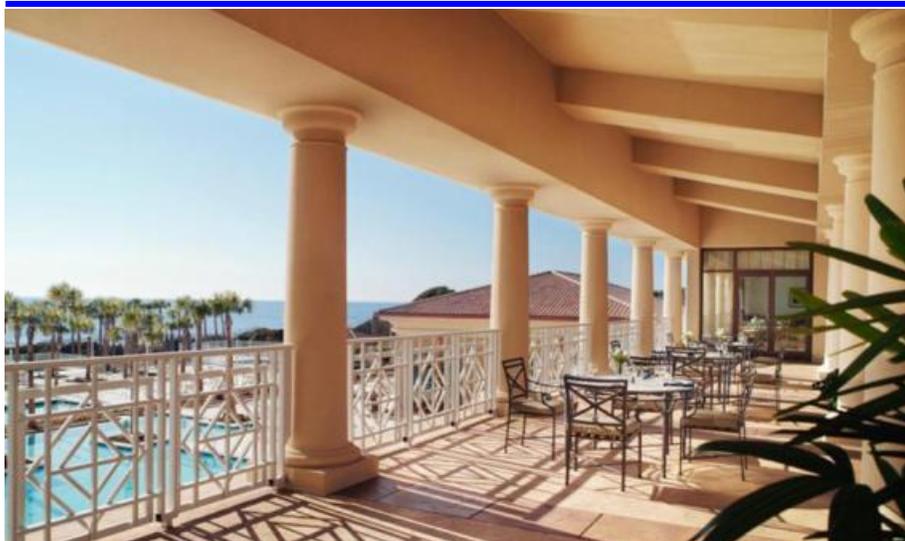
Yes, Myrtle Beach has incredible beaches. But it's not the only natural attraction they have to offer. Take a stroll through the wonder that is Brookgreen Gardens, or enjoy the peaceful tranquility of the Conway Riverwalk. And when you need to walk off all those shrimp and crab legs, the Murrells Inlet Marsh Walk can't be beat for scenic beauty. So, make plans to join your fellow CRNAs, October 2-4, for the NCANA Annual Meeting at the **Myrtle Beach Marriott Resort & Spa at Grande Dunes**.



For more information about Myrtle Beach or to register for the NCANA Annual Meeting, visit the NCANA website, www.NCANA.com, and make sure to book your room early!

Calendar of Events

July 4, 2015	Office Closed – Independence Day
July 25, 2015	Summer Board Meeting Raleigh, NC
August 29—September 2, 2015	AANA Annual Congress, 2015 Salt Lake City, UT
September 1, 2015	Office Closed – Labor Day
October 1, 2015	Pre-Convention Board Meeting Myrtle Beach Marriot – Myrtle Beach, SC
October 2-4, 2015	2015 Annual Meeting Myrtle Beach Marriot – Myrtle Beach, SC
October 4, 2015	Post-Convention Board Meeting Myrtle Beach Marriot – Myrtle Beach, SC
February 27, 2016	District 3&4 Meeting The Great Wolf Lodge, Concord, NC
April 16, 2016	District 1&2 Meeting Doubletree New Bern River Front, New Bern, NC
November 3-6, 2016	NCANA Annual Meeting Renaissance Asheville Hotel, Asheville, NC



Save the Date
NCANA Annual Meeting

**Myrtle Beach Marriot Resort
& Spa at Grand Dunes
Myrtle Beach, SC
October 2-4, 2015**



NC ASSOCIATION OF NURSE ANESTHETISTS

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Have a
Great
Summer!